Viva la Vida

Claudia Mar Ruiz

(510) 334 0613
ruizcla@gmail.com

Date: _____

Dear Client,

I'm enclosing a few simple recommendations for your shamanic healing session. I look forward to seeing you on _____.

Shamanic healing is a spiritual process and the work is sometimes intense, so try to leave yourself some open time and space after your session. You can walk around the neighborhood if you like - there is a beach near by - or simply spend some quiet time in a place of your choosing. If you have to work, try not to schedule anything too stressful.

A session tends to last from 1 - 2 hours. There is a fee of ___ x hour, which you will pay at the session by check or cash.

I am attaching a disclosure form required by the State of California for alternative healing practices. If you have any questions after reviewing it, please let me know.
Please print it and bring a signed copy with you and give it to me before the session, so we can focus on the spiritual work. Please keep a copy for yourself.

It is preferable that you do not drink any alcoholic beverages the night before your session and the night of your session. Wear comfortable clothing (or bring it with you separately to change before the session) and drink extra water the next 24 hours.

Feel free to call or email if you have any questions or concerns.

Sincerely,

Claudia Mar Ruiz

Copyright, Claudia Mar Ruiz, 2015